# Mental Health Council of Tasmania

**Membership Application**

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| Applicant Information |
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| Statement of Interest |
| *Please outline below your interest in joining MHCT (maximum 100 words).* |
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| Membership Categories Explained |
| Below is an explanation of the MHCT membership categories. If you are unsure which category suits you or your organisation please contact the MHCT team on 03 6224 9222 or email enquiries@mhct.org  Mental health service means any intervention, support or representation that seeks to promote mental wellbeing and/or support the needs of those impacted by a mental illness, disorder, or other mental health concern.  **Organisation**  Membership of MHCT is available to organisations which are non-government and not-for-profit associations, groups, or organised networks that:   * have a stated mission or objectives significantly concerned with mental health; and/or * serve the needs of primary consumers of mental health services and/or carers.   **Individual**  Membership of MHCT is available to individuals committed to and able to contribute to the purpose and objectives of MHCT, including mental health consumers and carers and individuals working within the not-for-profit mental health sector, but not within government departments or agencies.  **Associate**  Associate membership is available to individuals and organisations who are committed to and able to contribute to the purpose and objectives of MHCT and that do not qualify as a member in previous cateories. This might include:   * private (for-profit) mental health services and practitioners; * organisations (not-for-profit and for-profit) and individuals whose work or experience is not significantly concerned with mental health; * educational institutions and local councils. |
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| **Member Benefits and Responsibilities** | **Non Member** | **Associate Member** | **Member** |
| Invited to attend all general meetings of members | **limited** | **ü** | **ü** |
| Opportunities for organisational promotion and involvement in media activity | **limited** | **ü** | **ü** |
| Professional development opportunities, including subsidised training | **limited** | **ü** | **ü** |
| Regular updates on issues affecting the community managed mental health sector | **ü** | **ü** | **ü** |
| Receive timely and accurate information about the activities of MHCT and developments in the Tasmanian and national mental health sectors | **ü** | **ü** | **ü** |
| Access to mental health information and resources, including opportunities for individual consultation with MHCT staff | **limited** | **ü** | **ü** |
| Invited to participate in Regional Mental Health Group meetings and Tasmanian Mental Health Network meetings | **ü** | **ü** | **ü** |
| Contribute to policy positions, collaborate with peers and inform MHCT's work through a range of participative opportunities |  | **ü** | **ü** |
| Receive discounted registration to MHCT sector events and seminars |  | **ü** | **ü** |
| Support to promote or acknowledge membership through own networks |  | **ü** | **ü** |
| Access high-level strategic expertise and shape sector development, including participating in the Tasmanian Mental Health Leaders Forum |  | **limited** | **ü** |
| Move motions and vote on all matters at general meetings of members, and vote in elections to the Board |  |  | **ü** |

**Submitting your MHCT Membership Application**

Please complete this form and return it via [enquiries@mhct.org](mailto:enquiries@mhct.org), OR post to Level6, 39 Murray St, Hobart, TAS 7001

**Engagement opportunities**

**Tasmanian Mental Health Leaders Forum**The Tasmanian Mental Health Leaders Forum (TMHLF) is a platform for strategic planning and collaborative action between principal stakeholders within the Tasmanian community mental health sector. Comprised of CEOs and senior managers from MHCT’s Member Organisations, the group meets quarterly to identify and examine key issues and factors impacting the Tasmanian mental health sector at state and national levels with a view to guiding sustainable sector development. Interested staff from Member Organisations are invited to self-nominate for the TMHLF by contacting MHCT directly.

**Sector Networking and Development Events**MHCT provides opportunities for all MHCT members to network and grow their skills and knowledge about out mental health system, in addition to the Regional meetings and other opportunities listed. These events aim to discuss and progress state and local issues affecting the community mental health sector. Meetings are a mechanism for roundtable debate, information-sharing and collaboration on key sector issues and initiatives.

**Regional Mental Health Groups**MHCT partners with local organisations in the south, north and north-west of Tasmania to facilitate Regional Mental Health Group (RMHG) meetings on a triannual basis. The groups provide an interface between the regions and MHCT, ensuring local issues and initiatives are fed into MHCT’s strategic and sector planning. MHCT welcomes cross-organisational participation from frontline and executive staff within the sector as well as stakeholders in the broader community, private and public health arenas.

**Community of Practice**MHCT co facilitates the Community of Practice (CoP) for Organisations that engage Peer Workers. In conjunction with the Mental Health Drug and Alcohol Directorate, we bring people from the public, private and not for profit sector together, to share resources and discuss experiences relating to the engagement of peer workers. The CoP is open to any employer that directly or indirectly engages peer workers.

**Mental Health Week**Mental Health Week takes place annually in October to coincide with World Mental Health Day on the 10th of October. MHCT’s Communications Team is responsible for the promotion of Mental Health Week within Tasmania and oversees both the Mental Health Week steering committee and the annual small grants program for Mental Health Week activities and events, funded by DoH. Grant applications are assessed by a panel on a merits basis to ensure a fair division of funds across the state. For more information see: [www.mhct.org/mentalhealthweek](file:///C:\Users\nsullivan\Downloads\www.mhct.org\mentalhealthweek).

**MHCT eNews**MHCT distributes a monthly members only newsletter via email that includes updates on our work and current issues within the sector. Subscription to the eNews is open to any employee of a member organisation and members of MHCT are also eligible to contribute content to the newsletter.

**Policy Advocacy**MHCT works to develop sound, evidence-based and sustainable policy positions on issues that impact people living with mental illness and their carers. MHCT reaches out to its members regularly to request input on policy positions and submissions and welcomes feedback from its members at all times.