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Mental Health Council

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| Suicide Call Back Service suicideca | 1300 659 467 llbackservice.org.au |
| Kids Helpline | 1800 551 800 kidshelpline.org.au |
| Tasmanian Aboriginal Centre | 1800 132 260 tacinc.com.au |
| QLife (3pm to midnight) | 1800 184 527 Qlife.org.au |
| Mensline | 1300 78 99 78 mensline.org.au |



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