

A New Mental Health System – What Now?

9 March 2016 • Grand Chancellor Hobart • 10am 4pm











Welcome Connie Digolis Chief Executive, MHCT







We don't need more, we need different

Working across organisational boundaries to solve 21st century problems

Andrew Hollo





Integrate to get a job done



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Same players, different tables, similar goals, different capacities

'glue' to activate goodwill focus on people as beneficiaries collective effort focussed on evidence based priorities will to see and resolve (in)efficiencies

Health network

Schools

ii ii ii ii r Companies 15 Physicians and psychotherapists Clinics Pharmacies Empowered persons Ш Insurances -Physiotherapists Care Social institutions Clubs / fitness center

Where's the client?

However, it's easy to be confused

Panel Conversation



Narelle Butt

Acting GM, Mental Health Alcohol & Drug Directorate, DHHS



Mark Broxton

GM, Service Innovation, Implementation & Redesign, Primary Health Tasmania

ndis Sue Ham Regional Manager, NDIS Tasmania

Our Role



Narelle Butt

Acting GM, Mental Health Alcohol & Drug Directorate, DHHS

Our mental health role

Funder of state-based mental health programs provided by

- a) public mental health services (secondary / tertiary specialist hospital / inpatient care THS) and
- b) community sector organisations (community-based care, including supported accommodation, residential rehabilitation, individual packages of care, community based recovery and rehabilitation programs).

Our Role





Mark Broxton

GM, Service Innovation, Implementation & Redesign, Primary Health Tasmania

Our mental health role

Utilise Australian Government and other funding sources to commission primary mental health care services and programs

Our Role



Sue Ham

Regional Manager, NDIS Tasmania

Our mental health role

Insurance model of support to people with life-long and severe disabilities – including 'psychosocial disability' (mental illness) – and with functional need for supports to participate in life

Our vision, scope & current activity



Vision (where we want to be)	Target groups / scope ("Who benefits?)	Current (2016) implementation activity ("What we're doing right now")
Tasmania is a community where all people have the best possible mental health and wellbeing.	 People with severe mental illness/complex care who require tertiary, secondary and community based care. Children and families Those at risk of suicide Tasmanian population: general mental health and wellbeing 	 Continuing to fund CSOs and THS to deliver current services Rethink Mental Health Plan Suicide prevention strategies Peer workforce in public mental health services Support primary health to be the 'front end' of mental health care Joint training to support an integrated mental health system Stepped models of care

Mental

OF TASMANIA

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Our vision, scope & current activity



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A 'joined up' health care system and 'stepped model of care' that ensures Tasmanians receive the right care in the right place at the right time.	People requiring primary and secondary community delivered mental health services Those at risk of suicide Low intensity / mild mental illness Children and youth Aboriginal and Torres Strait Islanders	 Working with partners and stakeholders to establish a shared <u>primary</u> mental health strategy for Tasmania. Commissioning and contracting of Australian government funded primary mental health services Develop a joint approach to the implementation of stepped models of mental health care Developed a consultation draft of a PHT commissioning intent document.

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Our vision, scope & current activity

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People with disabilities can fully participate in life – including social and economic participation	People with severe / chronic psychosocial disability – likely to be lifelong and with functional impairment	Cohort 15-24 years old Moving to 12-14 age groups on 1 July 2016 and then staged rollout by age across TAS
 Is sustainable (reasonable and necessary) Tailored to individual needs and needs driven 	Expected that 14% of all NDIS participants at full scheme will have psychosocial disability as primary diagnosis with a larger cohort as secondary diagnosis	Policy - embedding psychosocial disability into scheme design Sector development and engagement/consultation
 Where choice and control is central 	All ages to 65	

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National coverage, allowing mobility

Side by Side

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Mental Health

Council of tasmania

Questions posed already...

- What do we need to do to create a seamless client experience, across multiple agency and provider boundaries?
- How will each agency align their separate milestones?
- How would we assure 'no compromise' service delivery?
- What are the **business systems** needed by deliverers, to avoid duplication?

What does this brave new world mean for me, my service, and consumers?



Morning Tea Please return at 11.30 with your questions!

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Sue Ham



Mark Broxton



Narelle Butt



Collaboration Round Table

Group 1 Harbourview Room 1	Mark (PHT) & SIMON (NDIA)
Group 3 Grand Ballroom	NARELLE (DHHS) & CORAL (NDIA)

Capacity Round Table

Group 2 Harbourview Room 2	Aitor (PHT) & Cat (MHCT)
Group 4 Chancellor Room 5	Mark (NDIA) & Elida (MHCT)



Capacity Round Table #2

Group 1 Harbourview Room 1	Aitor (PHT) & Cat (MHCT)
Group 3 Grand Ballroom	Mark (NDIA) & Elida (MHCT)

Collaboration Round Table #2

Group 2 Harbourview Room 2

Group 4 Chancellor Room 5 Mark (PHT) & SIMON (NDIA)

NARELLE (DHHS) & CORAL (NDIA)





Lunch Please go to Round Table Groups Before 1.10pm





Grand Ballroom

NARELLE (DHHS) & CORAL (NDIA)

A staged approach towards collaboration







What are the **collaboration** gaps & opportunities?

- How do we move from 3 visions to a single vision, single pathway?
- What does base level '**sharing**' look like?
- What 'power struggles' might we foresee and need to overcome?



Afternoon Concurrent Workshops

Capacity

Group 3 Grand Ballroom

Mark (NDIA) & Elida (MHCT)

Paying attention to two linked capability factors

People

e.g., Interfaces Information Capabilities

e.g., Intake & Referral Models of Care Billing

Process





What are the capacity gaps and opportunities?

- How might the client **interface** change?
- How do we ready and support **staff**?
- What **resources** and **upskilling** might we need?



So, what do we do now?

Andrew Hollo Director, Workwell Consulting

What have we learnt?



Connie Digolis Chief Executive, MHCT



"The visionary leader creates a world to which people want to belong" Robert Dilts

The big opportunities





2

1

client interface





collective funding



The big opportunities



2

3

client interface

Clearly **differentiate** agency vision, role, target audiences (client segmentation), reform milestones and then a shared intent, 'case for change' & priorities.

Construct a single, unified, client-centred **pathway**, incorporating multiple models of care, information points, fewer gateways ('no wrong door'), incorporating all agency-funded programs and private sector providers.



Question existing ways we plan / **allocate resources**, including considering collective funding approaches (consortia / cocommissioning) on longer / aligned time-frames.

who

what



The big opportunities

reference points

4

5

6

support network

services futureproofed **Consumer perspective**: Involve consumers and their experience / goals to unify levels of government / providers' work.

Terminology: Agree on language / meaning, and create forums to explore similarities / differences in values / beliefs.

Create a **coordinating** entity / function that can assist sharing to resolve capacity gaps: common training / upskilling, processes, resourcing, workforce planning / development, data, evaluation.

Data: Streamline and harmonise *meaningful* (outcome) informational requirements and timeframes.
Readiness: For (small) organisations, change & transition, board capability, risk assessment, IT capability and market presence.

who

what





So, what do we do now?

Andrew Hollo Director, Workwell Consulting

What have we learnt?



Connie Digolis Chief Executive, MHCT







Thank You Connie Digolis Chief Executive, MHCT